

HEALTHY CHOICES

Most of our Healthy Choice options are under 600 calories.

HEALTHY CHOICE

LIFE BOWL.....\$10.29
Rice accompanied by Southwest seasoned chicken, black beans, corn, pico de gallo, guacamole, cilantro and fresh lime. (Under 600 calories)

GRILLED CAJUN HADDOCK (CS).....\$11.29
Cajun spiced haddock topped with a fresh made pico de gallo and fresh lemon. Served with fresh garden vegetables.

NEW! SEARED CHICKEN MEDITERRANEAN WRAP...\$11.29
A whole grain protein wrap filled with grilled chicken, lettuce, roasted red peppers, hummus, cucumbers, banana peppers and a drizzle of Balsamic vinaigrette. Served with fresh vegetables and a pickle. (Under 700 calories)

CHICKEN FRESCA (CS).....\$12.29
Chicken tenders sautéed in our light tomato white wine sauce with mushrooms, tomato bruschetta, roasted red peppers, Romano cheese, scallions and fresh lemon. Served over seasoned rice.

SPICY ASIAN STIR FRY.....\$11.79
Sautéed shrimp mixed with veggies and mushrooms in a spicy chili sauce. Served over seasoned rice.

NEW! MOROCCAN SALMON BOWL.....\$11.79
Moroccan spiced salmon, chick peas, black beans, pickled red onions and tomato bruschetta served over rice. Topped with cilantro and fresh lime.



MOROCCAN SALMON BOWL

SHAREABLE DESSERTS



PEANUT BUTTER CHOCOLATE COOKIE MONSTER

CHOCOLATE CHIP COOKIE MONSTER.....\$5.99
Two warm chocolate chip cookies topped with vanilla ice cream, hot fudge and whipped cream.

NEW! PEANUT BUTTER CHOCOLATE COOKIE MONSTER.....\$6.29
Two warm chocolate chip cookies topped with vanilla ice cream, whipped cream, chocolate sauce, peanut butter sauce and crushed Reese's pieces.

CHOCOLATE PEANUT BUTTER PIE.....\$6.69
Homemade with chocolate crumb crust, creamy peanut butter, topped with semi-sweet chocolate and whipped cream.

HOMEMADE CHEESECAKE..\$6.59
Our homemade cheesecake topped with your choice of cherries, hot fudge or chocolate and cream cookie crumbs.

BEVERAGES

PEPSI FOUNTAIN PRODUCTS
ICED TEA • COFFEE • HOT TEA
Free refills on above products.

BOTTLES
Saratoga Water • Gatorade G2 • IBC Rootbeer

FRESHLY SQUEEZED LEMONADE
Now Available in Sugar Free
Original • Watermelon • Strawberry
Pomegranate • Blue Raspberry • Cherry

FRUIT SMOOTHIES (NON-ALCOHOL)
Wild Berry • Strawberry

As of September 2019, we have sold 203,728,406 of the Best Chicken Tenders on Earth®

\$5⁹⁵

STARTERS & SNACKS

HAPPY HOUR

MONDAY-FRIDAY
3:30PM TO 6PM
Dine-in only.

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa

LATE NIGHT

SUNDAY-FRIDAY
STARTING AT 9PM
Dine-in only.

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa
Veggie Quesadilla
Add chicken \$2.69 -
Add guacamole \$1.29

\$5⁹⁵

TENDERS AFTER 9PM

SUNDAY-FRIDAY WITH DRINK PURCHASE

TULLY'S ORIGINAL TENDER APPS

Served with fries and Tully's Honey Mustard.

Sub Buffalo or Asian Tenders add \$0.50. Dine-in only.



DID YOU KNOW?

Many of our menu items are made fresh in our kitchen daily and from scratch!

Chocolate Peanut Butter Pie	Honey Mustard Ranch Dressing	French Onion Soup
Baked Apple Crumb Pie (Seasonal)	Balsamic Vinaigrette	Homemade Chili (Seasonal)
Pumpkin Cheesecake (Seasonal)	Seafood Chowder (Seasonal)	Chicken Noodle Soup (Seasonal)
Cheesecake	Baked Potato Soup	Tex-Mex Egg Rolls
		Mile High Meatloaf

These items are always fresh, never frozen:

Tully's Chicken Tenders®	Burgers	Jumbo Chicken Wings
	Chicken Breast	

We do our best to bring you the freshest food made from the best ingredients. Everything is cooked to order, never ahead of time. You can taste the difference!

A Special Thanks to Following Brands



Tully's

★★★ HOMEMADE FOOD AT A GREAT VALUE ★★★

STARTERS & SNACKS

MOZZARELLA STICKS.....\$8.59
Lightly battered and served with our own marinara sauce.

CHICKEN-N-CHEESE.....\$9.29
Tully's Tenders® and mozzarella sticks with Tully's Honey Mustard and our own marinara sauce.

NEW! TAPAS PLATTER.....\$9.49
Traditional hummus served with banana peppers, chick peas, roasted red peppers and crisp, grilled flat bread.

SPINACH & ARTICHOKE DIP (CS).....\$9.59
Creamy Romano cheese, spinach and artichokes. Topped with tomatoes, scallions, Jack-cheddar cheese. Served hot with tortilla chips and salsa.

TEX-MEX EGG ROLLS.....\$9.89
Filled with spicy chicken, corn, black beans, peppers, onions and melted cheese. Served with spicy Cajun sauce and salsa.

NEW! CHILI CHEESE FRIES.....\$10.79
Fresh, hot fries smothered with homemade chili and a spicy cheddar cheese sauce. Topped with scallions and sour cream.

LOADED FRIES.....\$10.99
Smothered with melted Jack-cheddar cheese, bacon bits and Tully's Ranch for dipping.

GARLIC PARM WINGS.....\$11.49
Over a pound of fresh, jumbo wings, lightly dusted with flour then tossed in our homemade garlic Parmesan sauce. Celery and Tully's Ranch dressing included.

TULLY'S BUFFALO WINGS (CS).....\$11.49
Over a pound of our fresh, jumbo Buffalo style chicken wings tossed in homemade Buffalo sauce. Celery and Bleu cheese included.

TULLY'S ORIGINAL WINGS.....\$11.49
Over a pound of our fresh, jumbo wings lightly dusted with flour. Choose from Tully's signature sauces: Mild, Medium, Hot, or BBQ. Celery and Bleu cheese included.

SUPER NACHOS (CS).....\$10.89
Tortilla chips topped with a mix of spicy beef and refried beans, Jack-cheddar cheese, lettuce, olives, pico de gallo, jalapeños, scallions, sour cream and salsa on the side. Add guacamole \$1.29

BUFFALO TENDER MELT.....\$9.99
Tully's Buffalo Tenders on top of fresh, hot fries smothered with homemade nacho cheese sauce, diced tomatoes, scallions and melted Jack-cheddar cheese.

CHICKEN WING DIP (CS).....\$9.79
Our homemade spicy dip topped with melted Jack-cheddar cheese, tomatoes, scallions and sour cream. Served with tortilla chips.

LOUISIANA CRAB DIP.....\$9.19
Creamy homemade imitation crab with a little zing! Served with tortilla chips.

VEGGIE QUESADILLA.....\$9.19
A flour tortilla packed with cheese, tomatoes, jalapeños, black olives and scallions. Served with sour cream and pico de gallo. Add chicken \$2.69 - Add guacamole \$1.29

TULLY'S CHICKEN TENDERS®

The Best Chicken Tenders on Earth®

Our Chicken Tenders are fresh, non-marinated, never frozen and all-natural.



TULLY'S TENDERS®.....\$10.29
Hand battered chicken tenders served with fries and Tully's Honey Mustard.

BUFFALO TENDERS.....\$10.69
Tully's Tenders® dipped in Buffalo wing sauce. Served with fries and creamy Bleu cheese.

ASIAN TENDERS.....\$10.69
Tully's Tenders® tossed in a sweet 'n spicy Asian sauce and sprinkled with fresh scallions. Served with fries and Tully's Ranch.

10 TULLY'S TENDERS®.....\$14.99
Served with Tully's Honey Mustard sauce. Sub Buffalo Tenders add \$1.00.

HOMEMADE SOUPS

Made fresh in our own kitchen.

CHICKEN NOODLE \$4.99
Loaded with veggies, tender chicken and noodles.

FRENCH ONION \$5.39
Served piping hot with homemade croutons, melted Swiss and mozzarella.

NEW! HOMEMADE CHILI \$5.19
Thick and hearty. Topped with melted cheddar cheese. Served with tortilla chips.

BAKED POTATO \$4.99
Loaded with chunks of Idaho potatoes, celery, bacon bits and Jack-cheddar cheese.

SALAD ENTRÉES

Served with garlic bread and choice of dressing.

Tully's Honey Mustard ^(GS)
Tully's Ranch ^(GS)
Fat-free Italian ^(GS)

Dijon Balsamic Vinaigrette ^(GS)
Red Wine Vinaigrette ^(GS)

Thousand Island ^(GS)
Creamy Bleu Cheese ^(GS)
Crumbly Bleu Cheese \$.75

BBQ CHICKEN SALAD ^(GS) \$10.99
Romaine and iceberg lettuce tossed with homemade Tully's Ranch, black beans, corn, Jack-cheddar cheese. Topped with scallions, cilantro, diced tomatoes, tortilla chips and BBQ grilled chicken.

MEXICAN CHOPPED SALAD \$11.29
Southwest grilled chicken, corn, black beans, pico de gallo, cucumbers, guacamole, red onions and Jack-cheddar cheese. Served over Romaine and iceberg lettuce, tossed with a salsa ranch.

BALSAMIC CHICKEN SALAD ^(GS) \$11.69
Romaine tossed with Dijon Balsamic vinaigrette dressing and tomato bruschetta. Topped with roasted peppers, olives, Romano cheese, grilled chicken and scallions.

NEW! BLACKENED SALMON CHOPPED SALAD \$11.99
Blackened Norwegian Salmon, Romaine and iceberg lettuce, cucumbers, tomatoes, sweet corn and pickled red onions. Tossed in a red wine vinaigrette.

TAVERN STEAK SALAD ^(GS) .. \$12.99
Mixed greens tossed with red wine vinaigrette, cucumbers, diced tomatoes, scallions, potatoes and topped with grilled USDA Choice Flat iron steak and crumbly Bleu Cheese.

TULLY'S TENDER SALAD \$11.49
Salad greens, fresh vegetables, black olives, Jack-cheddar cheese topped with Tully's Tenders®. *Sub Buffalo Tenders \$.40*

NEW! MOROCCAN SPICED CHICKEN SALAD \$11.49
Mixed greens tossed with chick peas, cucumbers, roasted red peppers, red onion, tomato and balsamic vinaigrette and topped with Moroccan spiced grilled chicken and banana peppers.

GRILLED CHICKEN CAESAR SALAD \$11.29
Crisp Romaine tossed with Caesar dressing and homemade croutons, topped with grilled chicken.



MOROCCAN SPICED CHICKEN SALAD

HUGE DELI SANDWICHES

Served with a pickle spear. Add fries, loaded potato salad or fat-free pasta salad \$2.99. Add side salad \$1.89.



NEW YORK GRILLED REUBEN

THE ULTIMATE BLT \$9.89
Crisp bacon, lettuce, tomato and mayo on country white bread.

CLASSIC TUNA MELT ON RYE \$9.99
Grilled with melted cheddar cheese and sliced tomatoes.

NEW YORK GRILLED REUBEN \$10.99
Corned beef, Thousand Island dressing, sauerkraut and melted Swiss on rye.

THE ULTIMATE GRILLED CHEESE \$8.79
Cheddar, yellow and white American cheeses on country white bread. Add tomato \$.99 - Add bacon or ham \$1.79.

TULLY'S FAVORITES

Substitute a side salad for coleslaw \$1.49.

CALIFORNIA FISH TACO \$11.79
A crisp tortilla packed with hand breaded haddock, melted cheese, black beans, pico de gallo, scallions, black olives, jalapeños and our spicy homemade dressing. Served with rice and beans.

MILE HIGH MEATLOAF \$12.49
Mashed potatoes available at 4pm (except Sunday, all day) Homemade meatloaf (contains mushrooms) served on top of country mashed potatoes and topped with fresh gravy. Served with a side of coleslaw.

FISH FRY HADDOCK DINNER \$12.99
Lightly breaded haddock with choice of potato, coleslaw and tartar sauce.

SURF 'N TURF ^(GS) \$14.99
6oz USDA Angus Flat Iron steak served with sautéed shrimp lightly seasoned with Cajun spices and fresh vegetables. (Under 800 calories)

NEW! CHICKEN CAPRI \$12.99
Two grilled chicken breasts topped with fresh tomato bruschetta, roasted red peppers, melted mozzarella and Romano cheese. Served with choice of side and coleslaw.

SMOTHERED CHICKEN ^(GS) \$12.99
Two grilled chicken breasts smothered with onions, peppers, mushrooms, melted American cheese, topped with diced tomatoes. Served with choice of side and coleslaw.

SEAFOOD COMBO \$12.29
Hand breaded shrimp and lightly breaded haddock, served with choice of side and coleslaw.

NEW! CAJUN PORK CHOPS ^(GS) \$11.99
Two hand-cut loin pork chops seasoned Cajun style, grilled to perfection. Topped with sautéed onions and mushrooms. Served with choice of side and coleslaw.

The Best Chicken Tenders on Earth®

Our chicken tenders are fresh, non-marinated, never frozen and all-natural.

TULLY'S TENDER DINNER® \$12.19
Fresh hand battered chicken tenders with fries. Served with Tully's Honey Mustard and coleslaw.

ASIAN TENDER DINNER \$12.89
Tully's Tenders dipped in house sweet 'n spicy Asian sauce and sprinkled with fresh scallions. Served with fries, Tully's Ranch and coleslaw.

BUFFALO TENDER DINNER \$12.89
Tully's Tenders dipped in house Buffalo sauce. Served with fries, Bleu Cheese and coleslaw.



ASIAN TENDER DINNER

BUFFALO TENDER DINNER

TULLY'S TENDER DINNER

SANDWICH PLATTERS

Served with a pickle spear & choice of fries, loaded potato salad or fat-free pasta salad. Add a side salad \$1.89.

NEW! CHICKEN BRUSCHETTA SANDWICH \$9.99
Grilled chicken breast topped with our bruschetta mix, Romano and melted mozzarella cheese with lettuce and roasted red peppers.

BUFFALO CHICKEN \$9.99
Hand battered chicken breast dipped in Buffalo sauce, topped with Bleu Cheese.

WEST COAST CHICKEN SANDWICH \$10.29
Grilled chicken breast topped with pepper-jack cheese, crisp bacon and fresh made guacamole on a toasted roll with spicy mayo, lettuce and tomato.

THE TULLY \$10.59
Sliced turkey and ham, grilled. Topped with melted white American cheese, bacon, lettuce and tomato.

CHEESE STEAK \$10.59
Sliced sirloin topped with onions, peppers, mushrooms and melted American cheese.

HORSERADISH CHICKEN PHILLY \$10.29
Grilled seasoned chicken tenders, mushrooms, melted American cheese, grilled pickled red onions and a zesty horseradish sauce.

FISH FRY HADDOCK SANDWICH \$9.99
Lightly hand breaded haddock, served with lettuce and a side of tartar sauce.

RANCH CHICKEN \$9.99
Chicken breast hand battered and lightly fried. Topped with American cheese, lettuce, tomato, bacon and Tully's Ranch dressing.

BURGERS

Fresh ground, never frozen steak burgers.
Burgers are prepared medium, medium-well, or well done.
Served with a pickle spear & fries. Add a side salad \$1.89.

BASIC BURGER \$9.99
Lettuce and tomato.

THE CLUB BURGER® \$9.99
Two ¼lb patties, bacon, American cheese, lettuce, special sauce, ketchup, diced onions and pickles.

CHEESE BURGER \$10.19
Lettuce, tomato and choice of American, cheddar, Swiss or pepper-Jack.

MUSHROOM SWISS BURGER \$10.79
Sautéed mushrooms and melted Swiss cheese.

NEW! WEST COAST BURGER \$11.19

Topped with pepper jack cheese, bacon, guacamole, cajun mayo, lettuce and tomatoes.

BACON CHEESE BURGER \$11.29
Five strips of bacon, American cheese, lettuce, tomato and mayo.

MOUNTAIN MELT BURGER . \$11.49
Our huge burger packed between our Ultimate Grilled Cheese with lettuce, tomato and mayo.

SMOKEHOUSE BURGER \$10.99
Bacon, cheddar cheese, BBQ sauce, crispy fried onion straws and Cajun mayo.

HORSERADISH HAYSTACK BURGER \$10.99
Sautéed mushrooms, Swiss cheese, crispy onion straws and a zesty horseradish sauce.

FIREHOUSE BURGER \$10.79
Pepper-Jack cheese, jalapeños, spicy mayo, lettuce, tomato and tangy salsa.

TURKEY BURGER \$9.99
½lb Juicy ground seasoned turkey grilled with lettuce and tomato.

GARDEN BURGER \$9.49
¼lb Meatless burger with pickled red onions, lettuce, tomato, mustard, ketchup and pickles.



WEST COAST BURGER

ADD 3 TULLY'S CHICKEN TENDERS TO ANY MEAL FOR \$4.89

Served with Tully's Honey Mustard sauce.

PASTA

IMPORTED ITALIAN PASTA

Served with warm garlic bread and a side salad.

BAKED ZITI \$10.99
A generous portion of ziti tossed in our own marinara sauce with Romano and mozzarella cheese, then baked.

CAJUN CHICKEN PASTA \$12.99
Fresh chicken, mushrooms and ziti tossed in a spicy Alfredo sauce.



CAJUN CHICKEN PASTA

NEW! BUFFALO MAC & CHEESE \$12.99

Tender chicken sautéed in buffalo sauce then tossed with Rotini pasta and our homemade cheese sauce. Topped with butter crumb topping and melted Jack-cheddar cheese.

CHEESY CHICKEN & BROCCOLI BAKE \$12.99
Homemade cheddar cheese sauce tossed with tender chicken, ziti and broccoli. Topped with a buttery crumb topping.

CHICKEN & BROCCOLI ALFREDO \$12.99
Tender chicken and broccoli tossed with fettuccine Alfredo.

CHICKEN PARMIGIANA \$11.99
Chicken breast breaded Italian style, topped with our own marinara sauce, Romano and mozzarella with a side of fettuccine.

^(GS) Gluten Sensitive: Items labeled with the ^(GS) symbol are made using gluten-free ingredients based on information from our suppliers. All of our menu items are prepared in shared cooking and preparation areas and are not completely gluten-free. Guests should inform a manager of any gluten intolerance and consider individual dietary needs when ordering.