

HEALTHY CHOICES

Most of our Healthy Choice options are under 600 calories.

HEALTHY CHOICE

LIFE BOWL\$9.99
Rice accompanied by Southwest seasoned chicken, black beans, corn, pico de gallo, guacamole, cilantro and fresh lime. (Under 600 calories)

QUINOA COMFORT FOOD BOWL\$10.99
Smoked pulled pork, black beans, sweet corn, pickled red onions and Jack-cheddar cheese with a touch of BBQ sauce over warm red quinoa. Garnished with cilantro.

BALSAMIC CHICKEN SALAD (CS)\$11.49
Romaine tossed with Dijon Balsamic vinaigrette dressing and tomato bruschetta. Topped with roasted red peppers, olives, Romano cheese, grilled chicken and scallions.

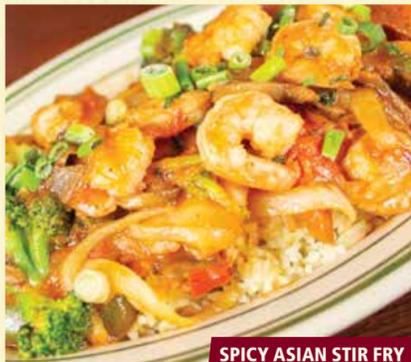
SURF 'N TURF (CS)\$14.99
6oz USDA Angus Flat Iron steak served with sautéed shrimp lightly seasoned with Cajun spices and fresh vegetables. (Under 800 calories)

SEARED CHICKEN MEDITERRANEAN WRAP ...\$10.99
A whole grain protein wrap filled with grilled chicken, lettuce, roasted red peppers, guacamole, cucumbers, banana peppers and a drizzle of Balsamic vinaigrette. Served with fresh vegetables and a pickle. (Under 700 calories)

CHICKEN FRESCA (CS)\$11.99
Chicken tenders sautéed in our light tomato white wine sauce with mushrooms, tomato bruschetta, roasted red peppers, Romano cheese, scallions and fresh lemon. Served over seasoned rice.

GRILLED CAJUN HADDOCK (CS)\$10.99
Cajun spiced haddock topped with a fresh made pico de gallo and fresh lemon. Served with fresh garden vegetables.

SPICY ASIAN STIR FRY\$11.59
Sautéed shrimp mixed with veggies and mushrooms in a spicy chili sauce. Served over seasoned rice.



SPICY ASIAN STIR FRY

SHAREABLE DESSERTS



STRAWBERRY SUGAR COOKIE MONSTER

NEW! STRAWBERRY SUGAR COOKIE MONSTER...\$6.19
Two warm sugar cookies topped with vanilla ice cream, fresh sliced strawberries, strawberry sauce and whipped cream.

CHOCOLATE PEANUT BUTTER PIE.....\$6.39
Homemade with chocolate crumb crust, creamy peanut butter, topped with semi-sweet chocolate and whipped cream.

HOMEMADE CHEESECAKE . \$6.29
Our homemade cheesecake topped with your choice of cherries, hot fudge or chocolate and cream cookie crumbs.

CHOCOLATE CHIP COOKIE MONSTER\$5.99
Two warm chocolate chip cookies topped with vanilla ice cream, hot fudge and whipped cream.

BEVERAGES

PEPSI FOUNTAIN PRODUCTS
ICED TEA • COFFEE • HOT TEA
Free refills on above products.

FRESHLY SQUEEZED LEMONADE
Now Available in Sugar Free
Original • Watermelon • Strawberry
Pomegranate • Blue Raspberry • Cherry

BOTTLES
Saratoga Water • Gatorade
G2 • IBC Rootbeer

FRUIT SMOOTHIES (NON-ALCOHOL)
Wild Berry • Strawberry

As of September 2018, we have sold 201,845,298 of the Best Chicken Tenders on Earth®

\$5⁹⁵ STARTERS & SNACKS

HAPPY HOUR

MONDAY-THURSDAY
3:30PM TO 6PM
Dine-in only.

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa

LATE NIGHT

SUNDAY-THURSDAY
STARTING AT 9PM
Dine-in only.

Buffalo Tender Melt
Chicken & Cheese
Louisiana Crab Dip
Mozzarella Sticks
Chips and Salsa
Grilled Sausage Crisp

\$5⁹⁵ TENDERS AFTER 9PM

SUNDAY-THURSDAY WITH DRINK PURCHASE

TULLY'S ORIGINAL TENDER APPS

Served with fries and Tully's Honey Mustard.

Sub Buffalo or Asian Tenders add \$0.50. Dine-in only.



DID YOU KNOW?

Many of our menu items are made fresh in our kitchen daily and from scratch!

Chocolate Peanut Butter Pie	Honey Mustard Ranch Dressing	French Onion Soup
Baked Apple Crumb Pie (Seasonal)	Balsamic Vinaigrette	Homemade Chili (Seasonal)
Pumpkin Cheesecake (Seasonal)	Seafood Chowder (Seasonal)	Chicken Noodle Soup (Seasonal)
Cheesecake	Baked Potato Soup	Tex-Mex Egg Rolls
		Mile High Meatloaf

These items are always fresh, never frozen:

Tully's Chicken Tenders®	Burgers	Jumbo Chicken Wings
	Chicken Breast	

We do our best to bring you the freshest food made from the best ingredients. Everything is cooked to order, never ahead of time. You can taste the difference!

A Special Thanks to Following Brands



Tully's

★★★ HOMEMADE FOOD AT A GREAT VALUE ★★★

STARTERS & SNACKS

MOZZARELLA STICKS\$8.59
Lightly battered and served with our own marinara sauce.

GRILLED SAUSAGE CRISP\$8.69
Ground sweet Italian sausage, mozzarella cheese and pepperoncini stuffed in a grilled flour tortilla. Topped with Romano cheese and served with marinara for dipping.

LOUISIANA CRAB DIP\$8.99
Creamy homemade imitation crab with a little zing! Served with tortilla chips.

CHICKEN-N-CHEESE.....\$8.99
Tully's Tenders® and mozzarella sticks with Tully's Honey Mustard and our own marinara sauce.

STUFFED PORTOBELLO.....\$9.19
Homemade sausage filling stuffed in a portobello mushroom and topped with marinara and melted mozzarella. Served with garlic bread.

SPINACH & ARTICHOKE DIP (CS)\$9.39
Creamy Romano cheese, spinach and artichokes. Topped with tomatoes, scallions, Jack-cheddar cheese. Served hot with tortilla chips and salsa.

BUFFALO TENDER MELT\$9.79
Tully's Buffalo Tenders on top of fresh, hot fries smothered with homemade nacho cheese sauce, diced tomatoes, scallions and melted Jack-cheddar cheese.

GARLIC PARM WINGS.....\$11.19
Over a pound of fresh, jumbo wings, lightly dusted with flour then tossed in our homemade garlic Parmesan sauce. Celery and Tully's Ranch dressing included.

TULLY'S ORIGINAL WINGS\$11.19
Over a pound of our fresh, jumbo wings lightly dusted with flour. Choose from Tully's signature sauces: Mild, Medium, Hot, or BBQ. Celery and Bleu cheese included.

TULLY'S BUFFALO WINGS (CS)\$11.19
Over a pound of our fresh, jumbo Buffalo style chicken wings tossed in homemade Buffalo sauce. Celery and Bleu cheese included.

LOADED FRIES\$10.79
Smothered with melted Jack-cheddar cheese, bacon bits and Tully's Ranch for dipping.

SUPER NACHOS (CS)\$10.59
Tortilla chips topped with a mix of spicy beef and refried beans, Jack-cheddar cheese, lettuce, olives, pico de gallo, jalapeños, scallions, sour cream and salsa on the side.

TEX-MEX EGG ROLLS\$9.69
Filled with spicy chicken, corn, black beans, peppers, onions and melted cheese. Served with spicy Cajun sauce and salsa.

CHICKEN WING DIP (CS)\$9.59
Our homemade spicy dip topped with melted Jack-cheddar cheese, tomatoes, scallions and sour cream. Served with tortilla chips.

VEGGIE QUESADILLA.....\$8.99
A flour tortilla packed with cheese, tomatoes, jalapeños, black olives and scallions. Served with sour cream and pico de gallo. Add chicken \$2.39

TULLY'S CHICKEN TENDERS®

The Best Chicken Tenders on Earth®

Our Chicken Tenders are fresh, non-marinated, never frozen and all-natural.



TULLY'S TENDERS®

TULLY'S TENDERS®\$9.99
Hand battered chicken tenders served with fries and Tully's Honey Mustard.

BUFFALO TENDERS.....\$10.49
Tully's Tenders® dipped in Buffalo wing sauce. Served with fries and creamy Bleu cheese.

ASIAN TENDERS\$10.49
Tully's Tenders® tossed in a sweet 'n spicy Asian sauce and sprinkled with fresh scallions. Served with fries and Tully's Ranch.

10 TULLY'S TENDERS®\$14.99
Served with Tully's Honey Mustard sauce. Sub Buffalo Tenders add \$1.00.

HOMEMADE SOUPS

Made fresh in our own kitchen.

- CHICKEN NOODLE**\$4.99 Loaded with veggies, tender chicken and noodles.
- FRENCH ONION**\$5.29 Served piping hot with homemade croutons, melted Swiss and mozzarella.
- BAKED POTATO**\$4.99 Loaded with chunks of Idaho potatoes, celery, bacon bits and Jack-cheddar cheese.

SALAD ENTRÉES

Served with garlic bread and choice of dressing.

- Tully's Honey Mustard ^(GS)
Tully's Ranch ^(GS)
Fat-free Italian ^(GS)

- Dijon Balsamic Vinaigrette ^(GS)
Red Wine Vinaigrette ^(GS)

- Thousand Island ^(GS)
Creamy Bleu Cheese ^(GS)
Crumbly Bleu Cheese \$.75

NEW! CHA CHA CHICKEN SALAD

Blackened chicken served over mixed greens tossed with cucumbers, black beans, sweet corn, red onion and mango-red wine vinaigrette then topped with Jack-cheddar cheese.

BBQ CHICKEN SALAD

Romaine and iceberg lettuce tossed with homemade Tully's Ranch, black beans, corn, Jack-cheddar cheese. Topped with scallions, cilantro, diced tomatoes, tortilla chips and BBQ grilled chicken.

MEXICAN CHOPPED SALAD

Southwest grilled chicken, corn, black beans, pico de gallo, cucumbers, guacamole, red onions and Jack-cheddar cheese. Served over Romaine and iceberg lettuce, tossed with a salsa ranch.

GRILLED CHICKEN CAESAR SALAD

Crisp Romaine tossed with Caesar dressing and homemade croutons, topped with grilled chicken.

BALSAMIC CHICKEN SALAD

Romaine tossed with Dijon Balsamic vinaigrette dressing and tomato bruschetta. Topped with roasted peppers, olives, Romano cheese, grilled chicken and scallions.

TAVERN STEAK SALAD

Mixed greens tossed with red wine vinaigrette, cucumbers, diced tomatoes, scallions, potatoes and topped with grilled USDA Choice Flat iron steak and crumbly Bleu Cheese.

TULLY'S TENDER SALAD

Salad greens, fresh vegetables, black olives, Jack-cheddar cheese topped with Tully's Tenders®. Sub Buffalo Tenders \$.40

NEW! STRAWBERRY SHRIMP SALAD

Crisp Romaine lettuce tossed with cucumbers, red onions and Tully's Ranch dressing. Topped with blackened shrimp, fresh sliced strawberries and crumbly Bleu Cheese.



STRAWBERRY SHRIMP SALAD

HUGE DELI SANDWICHES

Served with a pickle spear. Add fries, loaded potato salad or fat-free pasta salad \$2.99. Add side salad \$1.79.



NEW YORK GRILLED REUBEN

THE ULTIMATE BLT\$9.69 Crisp bacon, lettuce, tomato and mayo on country white bread.

CLASSIC TUNA MELT ON RYE\$9.89 Grilled with melted cheddar cheese and sliced tomatoes.

PULLED PORK GRILLED CHEESE\$10.59 Smoked pulled pork, pickled red onions and cheddar cheese, grilled on country white bread.

NEW YORK GRILLED REUBEN\$10.89 Corned beef, Thousand Island dressing, sauerkraut and melted Swiss on rye.

THE ULTIMATE GRILLED CHEESE\$8.59 Cheddar, yellow and white American cheeses on country white bread. Add tomato \$.99 - Add bacon or ham \$1.79.

TULLY'S FAVORITES

Substitute a side salad for coleslaw \$1.39.

NEW! SALT & PEPPER PORK CHOPS\$11.79 Two hand-cut loin pork chops, seasoned with salt and pepper and grilled to perfection. Served with choice of potato, coleslaw and applesauce.

CALIFORNIA FISH TACO\$11.39 A crisp tortilla packed with hand breaded haddock, melted cheese, black beans, pico de gallo, scallions, black olives, jalapeños and our spicy homemade dressing. Served with rice and beans.

SEAFOOD COMBO\$11.99 Hand breaded shrimp and lightly breaded haddock, served with choice of potato and coleslaw.

FISH FRY HADDOCK DINNER \$12.99 Lightly breaded haddock with choice of potato, coleslaw and tartar sauce.

SMOTHERED CHICKEN ^(GS)\$12.89 Two grilled chicken breasts smothered with onions, peppers, mushrooms, melted American cheese, topped with diced tomatoes. Served with choice of potato and coleslaw.

KICK'N BOURBON CHICKEN . \$11.99 Two grilled chicken breasts topped with sautéed mushrooms, scallions and a sweet tangy bourbon glaze. Served with choice of potato and coleslaw.

MILE HIGH MEATLOAF\$11.99 Mashed potatoes available at 4pm (except Sunday, all day) Homemade meatloaf (contains mushrooms) served on top of country mashed potatoes and topped with fresh gravy. Served with a side of coleslaw.

The Best Chicken Tenders on Earth®

Our chicken tenders are fresh, non-marinated, never frozen and all-natural.

TULLY'S TENDER DINNER®\$11.99 Fresh hand battered chicken tenders with fries. Served with Tully's Honey Mustard and coleslaw.

ASIAN TENDER DINNER\$12.69 Tully's Tenders dipped in house sweet 'n spicy Asian sauce and sprinkled with fresh scallions. Served with fries, Tully's Ranch and coleslaw.

BUFFALO TENDER DINNER\$12.69 Tully's Tenders dipped in house Buffalo sauce. Served with fries, Bleu Cheese and coleslaw.



ASIAN TENDER DINNER

BUFFALO TENDER DINNER

TULLY'S TENDER DINNER

SANDWICH PLATTERS

Served with a pickle spear & choice of fries, loaded potato salad or fat-free pasta salad. Add a side salad \$1.79.

NEW! HAWG HEAVEN STACKER SANDWICH\$8.99 Thinly cut loin pork chops, coated with Idaho potato and lightly fried. Stacked with ham, Swiss cheese, pickles and brown mustard.

PORTOBELLO SANDWICH\$9.59 With roasted red peppers, lettuce and melted white American cheese.

FISH FRY HADDOCK SANDWICH\$9.99 Lightly hand breaded haddock, served with lettuce and a side of tartar sauce.

BUFFALO CHICKEN\$9.99 Hand battered chicken breast dipped in Buffalo sauce, topped with Bleu Cheese.

THE TULLY\$10.39 Sliced turkey and ham, grilled. Topped with melted white American cheese, bacon, lettuce and tomato.

CHEESE STEAK\$10.19 Sliced sirloin topped with onions, peppers, mushrooms and melted American cheese.

WEST COAST CHICKEN SANDWICH\$9.99 Grilled chicken breast topped with pepper-jack cheese, crisp bacon and fresh made guacamole on a toasted roll with spicy mayo, lettuce and tomato.

NEW! HORSERADISH CHICKEN PHILLY\$9.99 Grilled seasoned chicken tenders, mushrooms, melted American cheese, grilled pickled red onions and a zesty horseradish sauce.

RANCH CHICKEN\$9.99 Chicken breast hand battered and lightly fried. Topped with American cheese, lettuce, tomato, bacon and Tully's Ranch dressing.

BURGERS

Fresh ground, never frozen steak burgers. Burgers are prepared medium, medium-well, or well done. Served with a pickle spear & fries. Add a side salad \$1.79.

BASIC BURGER\$9.89 Lettuce and tomato.

CHEESE BURGER\$9.99 Lettuce, tomato and choice of American, cheddar, Swiss or pepper-Jack.

THE CLUB BURGER®\$9.99 Two ¼lb patties, bacon, American cheese, lettuce, special sauce, ketchup, diced onions and pickles.

NEW! SMOKEHOUSE BURGER\$10.99 Bacon, cheddar cheese, BBQ sauce, crispy fried onion straws and Cajun mayo.

BACON CHEESE BURGER\$10.99 Five strips of bacon, American cheese, lettuce, tomato and mayo.

MOUNTAIN MELT BURGER . \$10.99 Our huge burger packed between our Ultimate Grilled Cheese with lettuce, tomato and mayo.

MUSHROOM SWISS BURGER\$10.79 Sautéed mushrooms and melted Swiss cheese.

GARDEN BURGER\$9.19 ¼lb Meatless burger with pickled red onions, lettuce, tomato, mustard, ketchup and pickles.

STEAKHOUSE BURGER\$10.99 Cheddar, sautéed mushrooms, bacon and steak sauce.

FIREHOUSE BURGER\$10.79 Pepper-Jack cheese, jalapeños, spicy mayo, lettuce, tomato and tangy salsa.

TURKEY BURGER\$9.89 ½lb Juicy ground seasoned turkey grilled with lettuce and tomato.

NEW! HORSERADISH HAYSTACK BURGER\$10.89 Sautéed mushrooms, Swiss cheese, crispy onion straws and a zesty horseradish sauce.



HORSERADISH HAYSTACK BURGER

ADD 3 TULLY'S CHICKEN TENDERS TO ANY MEAL FOR \$4.79

Served with Tully's Honey Mustard sauce.

PASTA IMPORTED ITALIAN PASTA

Served with warm garlic bread and a side salad.

BAKED STUFFED SHELLS\$10.99 Pasta shells stuffed with ricotta, herbs, and mozzarella cheese. Topped with our own marinara sauce and mozzarella cheese then baked until golden brown.

CAJUN CHICKEN PASTA\$12.59 Fresh chicken, mushrooms and ziti tossed in a spicy Alfredo sauce.



CHICKEN & BROCCOLI ALFREDO

BAKED ZITI\$10.99 A generous portion of ziti tossed in our own marinara sauce with Romano and mozzarella cheese, then baked.

CHEESY CHICKEN & BROCCOLI BAKE\$12.49 Homemade cheddar cheese sauce tossed with tender chicken, ziti and broccoli. Topped with a buttery crumb topping.

CHICKEN & BROCCOLI ALFREDO\$12.69 Tender chicken and broccoli tossed with fettuccine Alfredo.

CHICKEN PARMIGIANA\$11.99 Chicken breast breaded Italian style, topped with our own marinara sauce, Romano and mozzarella with a side of fettuccine.

NEW! STUFFED PORTOBELLO & SHELLS COMBO\$11.89 Grilled portobello cap stuffed with sausage filling. Topped with marinara and melted mozzarella cheese. Paired with stuffed shells.

^(GS) Gluten Sensitive: Items labeled with the ^(GS) symbol are made using gluten-free ingredients based on information from our suppliers. All of our menu items are prepared in shared cooking and preparation areas and are not completely gluten-free. Guests should inform a manager of any gluten intolerance and consider individual dietary needs when ordering.